

Saturday, August 24th, 2019 7:00 AM

1940 North Courtenay Parkway, Merritt Island

2019 - 2020 SCR Runner of the Year (ROY) Series Race
SCR Youth Series featuring ¼ mile and ½ mile distances

Visit www.dmccs.org/5k for more information



Divine Mercy Catholic Academy
RUNNING ON ISLAND TIME 5K 2019

- *Electronic Timing by Running Zone*
- Technical shirts guaranteed for first 350
- Door Prizes & Yummy Post Race Refreshments

FEES:

- Early Register (postmarked 8/17): \$30
- \$5 Discount for SCR Members for Early Registration
- After 8/17 or Day of Race Registration: \$35
- Students (17 & Under): \$20
- SCR Youth Series – Must Register FREE
- Kids Fun Run – No Register FREE

MAIL: Registration forms and payment to
Divine Mercy Academy c/o 5K Race
1940 N. Courtenay Parkway, Merritt Island,
FL 32953

ONLINE REGISTRATION:
<http://secure.runningzone.com>

TIMES:

- Early Packet Pickup: Running Zone on 8/25 10A – 6:30P
- RACE DAY 8/23:**
- 5:30AM: Packet Pickup and Day of Registration
- 6:45AM: Day of Race Registration Ends
- 7:00AM:** 5K Run/Walk Begins
- 8:15AM: Youth Series and Kids Fun Run Begins
- *Awards to Follow Kids Run

RUNNER AWARDS:

Top 3 Overall M & F, Masters M & F,
Grand Masters M&F, Senior Grand Masters M&F

Age Groups (Top 3 M&F)

9 & under	10-14	15-19
20-24	25-29	30-34
35-39	40-44	45-49
50-54	55-59	60-64
65-69	70-74	75-79
		80+

WALKER AWARDS:

Top 5 M & F

TEAM AWARDS:

Five Fastest Team Members
Top 3 Teams

Running on Island Time Official Entry Form

First _____ Last _____

Address: _____

City: _____ State: _____ Zip _____

Phone: _____ Email: _____

Date of Birth: _____ Age on Race Day: _____

Team Name (if applicable) _____

Sex (circle): Male Female Shirt Size (circle): YM YL AS AM AL AXL AXXL

Register me as a Competitive Walker per USATF Race Walking Rules. I must walk the entire 5K and will be eligible for the Top 5 Men and Women Overall Competitive Walker awards ONLY and NOT the standards Age Group Awards.

In consideration of my being accepted, I intend to be legally bound, and hereby for myself, my heirs, and executors, waive all rights and claims for damages which may hereafter accrue to me against the sponsors, officials, volunteers, and supporters of this race an any representatives, successors, or assigns for any and all damages or injuries which may be sustained and suffered by me in consideration of my association with an entry or participation in the Running on Island Time Event. If I should suffer injury or illness, I authorize the officials of the race to use their discretion to have me transported to a medical facility, and I take full financial and legal responsibility for this action. I attest and verify that I am physically fit and have my physician's permission to participate in this race. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, or any other record of this event for any purpose of the event whatsoever. I have read the above release and understand that it presents a risk of physical injury, knowing this I am entering this event at my own risk.

Signature

Signature of Parent for those under 18

Date